



# SK NURSES

## SAFER DISCHARGE HOME SERVICE

### Information for Patients

Discharge from hospital can be a daunting thought if you are going home alone or if you have others at home who need help too. By providing advice, support, and practical care in the first few days at home, the Safer Discharge Home nurses can help you to recuperate and regain your confidence and strength.

The Safer Discharge Home Service includes:

- A meeting with you (and the hospital team if necessary) to identify what is required to support a smooth discharge. Sometimes it is helpful to have a family member or friend with you during the meeting.
- Ensuring all equipment needed is ordered and is safely installed in your home prior to discharge
- A home access visit, if required, to make sure your home is ready for a comfortable and safe discharge
- Meeting you at home on discharge and ensuring you are settled safely and comfortably
- A daily visit for up to 4 days after discharge to ensure all is well and solve any problems that occur
- Clear communication of any relevant information with local health professionals and carers if you are receiving ongoing support to make sure there is a seamless transition of care from hospital to home

## REFERRALS TO THE SERVICE

The team accept self-referrals from patients or their families living in the Cambridge area. To make a referral, please contact the Safer Discharge Home Team (see below).

## COSTS OF THE SERVICE

Costs are calculated based on individual requirements and geographical location.

Please contact the Safer Discharge Home Team for a personalised quote.

## WHO WE ARE

SK Nurses Ltd is a CQC registered social enterprise organisation based in Cambridgeshire. We provide community nursing services for adults in their own homes.

The organisation was founded by Sophie and Kathryn with a vision to improve the care that patients receive in the community. We put our patients at the centre of their own health care, supporting them to have the confidence, ability, and skills to achieve the best outcomes possible.

## CONTACT US

We would be delighted to talk to you about the service.

Our office is open Monday – Friday, 9 am – 5 pm

If we cannot take your call immediately, please do leave a message and we will get back to you as soon as possible.

Tel: [01480 220212](tel:01480220212)

Email: [contact@sknurses.co.uk](mailto:contact@sknurses.co.uk)